

MCLAREN VALE

5km | 10km | 21km

HALF MARATHON

14 OCTOBER 2018

CONGRATULATIONS!

NAME: Glen KOOPMAN

DISTANCE: Half Marathon

NET TIME: 01:25:24.4 GUN TIME: 01:25:27.4

NET POSITION: GUN POSITION:

12

12/717

CATEGORY: Male Ages 30 - 34

CATEGORY POSITION:

5

sportitude



Nutrition
Strategies

UTONIC®

