

MCLAREN VALE

5km | 10km | 21km

HALF MARATHON

14 OCTOBER 2018

CONGRATULATIONS!

NAME: Marcia BEINKE

DISTANCE: Half Marathon

NET TIME: 01:49:09.9

GUN TIME: 01:49:21.2

NET POSITION:

GUN POSITION:

145

144/717

CATEGORY: FemaleAges 45 - 49

CATEGORY POSITION:

5

sportitude



Nutrition
Strategies

UTONIC®

