



**asics.**  
**VICTOR HARBOR  
TRIATHLONS**

5 & 10KM RUN & WALK  
MARCH 10, 2019

Name: Adam LAWRIE

Race: 9.54K

Time: 00:47:21

Overall Position: 16/38

Gender: Male

Category: Ages 30 - 39

Category Position: 8/9

Congratulations from  
Sid James RD

